

**PARKINSON'S DISEASE SOCIETY**  
**EDINBURGH BRANCH**

**Donations 2008**

Donations via National Office (members paying sub and including branch donation)  
£2548.34

In Memorium £4909.16 includes large and small - some large ones  
Arduus £1000, Helen Taylor £285, Mackie £650, Williamson £250, Morrison £500

Donations general £8426 includes large and small some of large ones  
North Esk Church £150,  
Bonnyrigg Wednesday Dance Club £1000,  
Russell Golden Wedding (connected to dance club) £658,  
Erskine, Stewarts, Melville Junior School £100,  
Corstorphine Inner Wheel £2300,  
ELPBA (ladies bowling) £415,  
Anonymous £500

**Donations spent on**

Spring £1771,  
West Lothian Support Group £650,  
Largs support Group £500.  
Inverclyde Support Group £500,  
Research London £1000,  
Carers course £1673,  
Clerical support £4466,  
Card Project £800,  
Lifestyle £1000,  
Haddington £800,  
Hydrotherapy £1000,  
PDNS £1500

**Propose adoption of accounts**

P Mark

**Appointment of Auditor:**

H Cavens was proposed by P Mark

**Election of Office Bearers;**

Chairman, P Mark

**Committee**

Hon Secretary P Stewart,

Hon Treasurer R Marzec,

Committee members; L McBain, C Quinn, Julia Davis, H Robertson

**Resignation** Diana

Richard

## **REPORT of the BRANCH COMMITTEE 2008**

### **Membership**

Membership of the Branch 220 - 250

probably more than 2,000 people with Parkinson's in the Lothian area we need to continue to encourage new members.

### ***STRATEGY for the BRANCH: 2009***

As last year

- Progress towards a further PDNS.
- A need to achieve a more integrated service structure for Parkinson's.
- Raising the profile of PD in Lothian Health
- More attention to 'Non Motor' issues.
- Ensuring that the branch's activities are relevant and helpful to all of the Parkinson community.
- Developing a closer working relationship with the Haddington Support Group, West Lothian Branch, YPN and Spring

### **2 PDNS appointed.**

Start June 1<sup>st</sup>. Three months training?

CSWs become ISWs. Sheila Mutch and Joan Cook, disruption.

### **Service Development**

RVH relocation .....Cathie

DCN relocation.....Pat Cox and Margaret Seager (also Communications group)

N Ed PPF.....Pat Cox

Midlothian PPF.....Julia

Pat & Margaret cards

Hydrotherapy Group at Astley Ainslie

Carers Course and support group

### **Newsletter**

Thanks to the editorial work of Diana Harkiss.

### **Drop in Centre groups**

**RVH** Cathie Quinn.

**Drummond Grange** Julia

### **Respite Project**

Budget of £10,000.

Offer approx 33 hrs of care to PD members in Lothian . flexible.

No charge – contributions welcome.

Trial for 1 year or until money runs out

Access via ISWs. No test – people who feel they need help

## **POSSIBLE FUTURE PROJECTS**

Dance Class

Lifestyle Course at Thistle

Repeat Carer's Course

Singing

Voice development / lee Silverman

Walking/ cuing as Lyn Rochester

## **Meetings at St Cuthbert's**

Change sequence so speaker first, tea later

Consider different venue?

## **FUTURE:**

Volunteers are needed, more able people with

Organisational skills

Administrative skills

Communication skills

Esp Treasurer – may have to pay a professional?

## **Thanks to helpers,**

Committee, Hon treasurer,

Particularly Hon Sec.

Activity Organizers

## **Refreshment team**

Margaret, Rachel, Annie

Retiring

Probably well over 25 people involved in keeping Branch going

Thank them all on your behalf.

## **ACTIVITIES GROUP**

Indoor Bowling

Gentle Exercise Swimming

Art Class

Ceilidh

Quiz

Coffee Morning

Christmas Lunch

Garden Visits

Esk Valley Lunches

Thistle Lifestyle

Nordic Walking

Branch Outing  
Alexander Technique