

Parkinson's UK Edinburgh Branch

Annual General Meeting 2014

Wednesday March 12th at 2.15pm

Bellevue Chapel, Edinburgh

AGENDA

- 1) Apologies for absence
- 2) Minutes of the meeting held on the 12th March 2013
- 3) Treasurer's Report and Accounts for the year ending 31/12/13
- 4) Appointment of Auditor, Hazel Cavens
- 5) Election of Hon Chairman - *Patrick Mark*
- 6) Election of Office Bearers and members of the Committee

Hon. Treasurer – *Kenneth Williamson*

Hon. Secretary – *Pat Stewart*

Hon Asst Treasurer – Frances Panton

Committee members *Liz McBain, Cathie Quinn, Heather Robertson ,
Marian McIntyre, Eileen Blackwood, Annette McLeod*

- 7) Report of the Branch Committee by the Chairman and Activity Leaders
- 8) Any other competent business

Report by Sheila Edward on Branch Activity Questionnaire

Income And Expenditure 2013

Parkinson's UK Edinburgh

Parkinson's Disease Society Edinburgh Branch

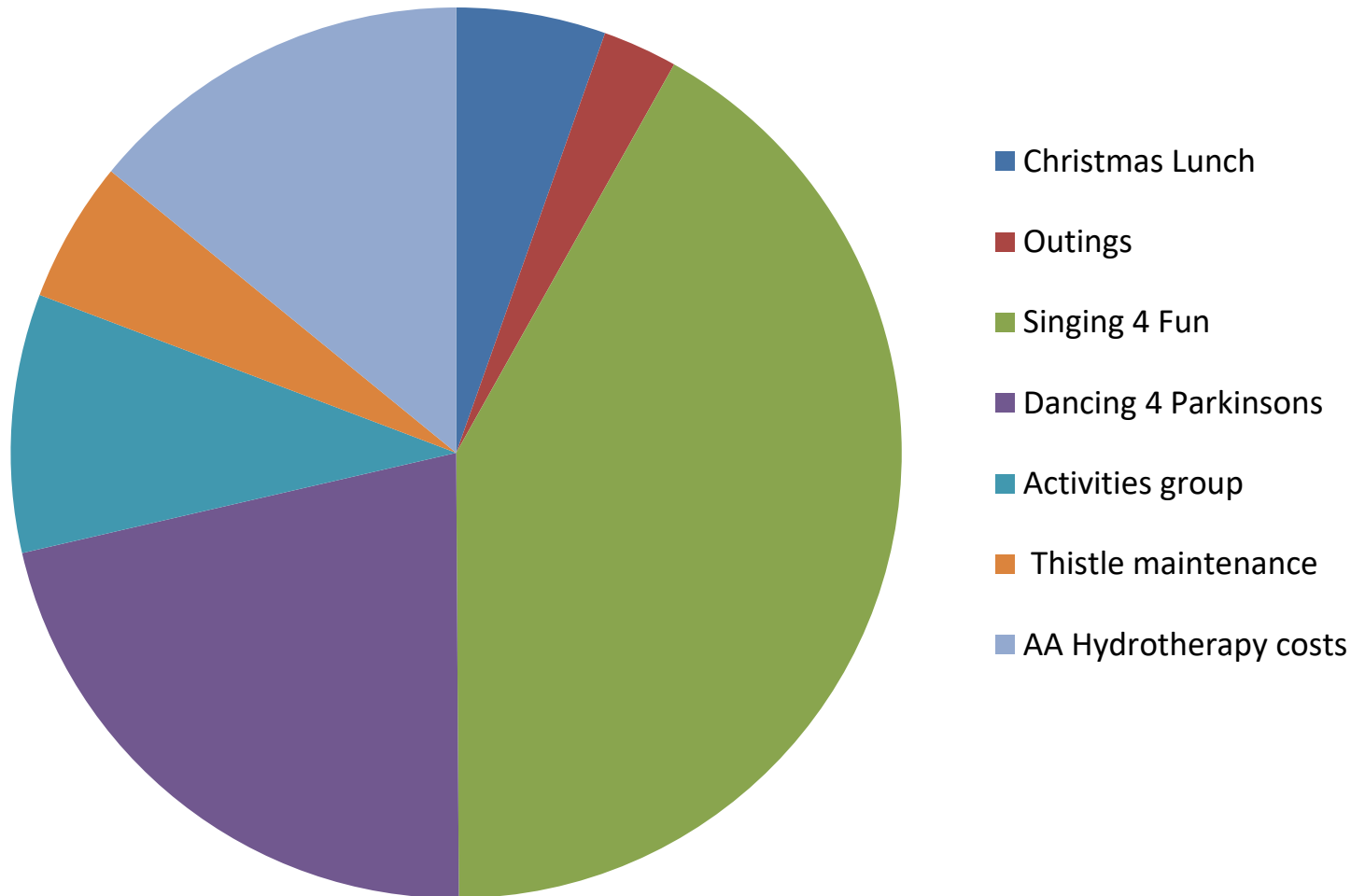
Income and Expenditure for year ending 31st December, 2013

2012 Income		2013 Exclude	
£		£	Legacy
10,287	Donations - Branch National Office	5,840	
1,091	Gift Aid Reclaimed	1,169	
8,000	Grants	-	
104,080	Legacies received via Head Office	38,800	
5,424	Donations - General	1,927	
1,521	Fund raising Income	4,151	
2,180	Donations - Branch in Memoriam	4,711	
959	Dancing	586	
4,177	Singing 4 Fun	5,366	
943	The Thistle Foundation Maintenance project	1,340	
816	Activities Group	2,788	
12,860	Events	1,911	
1,085	Outings	930	
1,106	Lunches	1,300	
33	Bank Interest	46	
1,368	Sundries	389	
973	Trading	777	
81	Miscellaneous (13)	135	
156,983	Total Income	72,164	33,364
2012 Expenditure		2013	
435	Transfers to other Parkinson's UK Groups eg YPN	-	
1,350	PDS London for research	1,435	
100	Events eg Coffee Morning	169	
1,548	Advertising	3,388	
3,091	Room Hire	3,134	
11,583	Singing 4 Fun	10,830	
4,996	Dancing for People with Parkinsons	5,562	
2,681	Activities group	2,079	
1,550	The Thistle Foundation - maintenance project	2,000	
50	Drop-in - Centre	30	
24,498	Event Costs eg seminars	2,158	
1,831	Outings	1,540	
1,950	Lunches	1,706	
347	Course expenses - Carers	50	
-	Research Group Expenses	4,270	
8,905	Respite care project	8,144	
2,219	AA Hydrotherapy	2,200	
11	Transport support	29	
1,459	Postage/telephone	1,312	
535	Printing/stationery/photocopying	1,303	
1,117	Mailing company costs	1,702	
370	Computer costs	520	
178	Travel Expenses	434	
1,757	Sundries	1,131	
62	Subscription	-	
-	Items for resale	464	
1,300	Petty Cash	1,000	
73,923	Total expenditure	56,591	
83,060	Surplus / Deficit for the year	15,573	- 23,227
156,983	Total	72,164	
87,887	Closing bank balance	103,459	

Donations 2013

	£
General Donations via London	5840
In Memoriam	4711
Lecture Collection	650
Coffee Morning	1916
London Concert for Dancing 4 Fun	500
Jubilo Choir	1242
Race Night	1317
Ceilidh	465
Quiz Night	439

Activity costs 2013



Cash Flow Forecast £

	2012	2013	2014	2015
	actual	actual	budget	budget
income	52,903	33,364	27,712	27,712
legacy drawdown	104,080	38,800	-	-
	156,983	72,164	27,712	27,712
less expenditure	73,923	56,591	52,826	52,826
surplus/deficit	83,060	15,593	-35,114	-25,114
Opening Balance	4,826	87,887	103,459	68,345
Closing Balance	87,887	103,459	68,345	43,231

2015 Onwards- Options

- Increase Income from donations?
- Increase charges to activity participants?
- Reduce activity costs?
- Terminate Respite scheme?

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Report by Sheila Edward on Branch Activity Questionnaire

Report of Branch Committee 2013

Activities

- Carers & Side by side
- Singing4Fun
- Dancing for Parkinson's
- Bowling, Swimming, Gentle Exercise
- Art Group
- Quiz, Ceilidh
- Christmas & Summer Lunches
- Hydrotherapy
- Thistle Lifestyle Group
- Physio Exercise Class

Events & Projects

- Respite scheme
- World Parkinson's Congress
- Coffee Morning
- Engagement with Neuro Alliance & LPSAG
- Research Interest Group
 - Edinburgh Lecture 2013

Edinburgh Branch Research Interest Group

review of 2013-2014

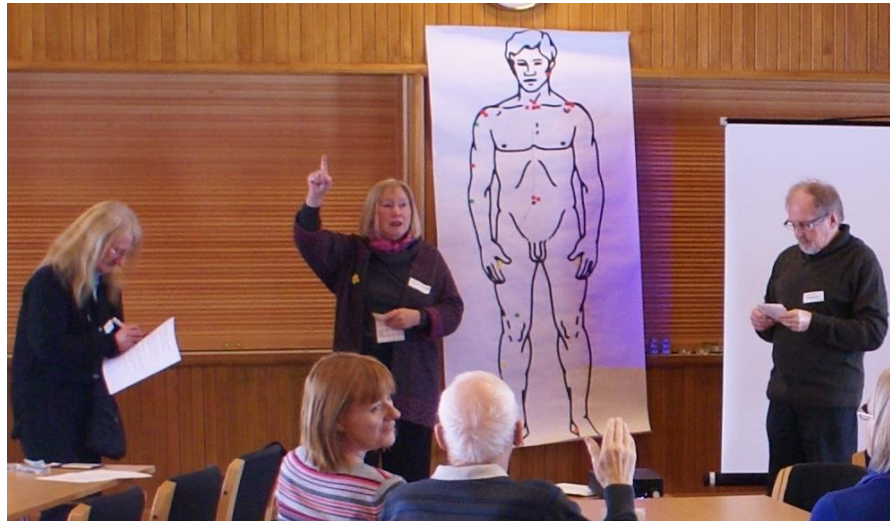
Ken Bowler, Group Chair

Another successful year....

- **Mar 2013** Pain Workshop: member-led
- **Apr 2013** Public lecture by Professor Ray Chaudhuri
- **Nov 2013** Scottish Parliament Research Event
- WPC Symposium: Mo, Simon & Werner
- **Feb 2014** Talk by Dr Carl Counsell at SCRM
- ParkinsonNet Seminar led by Patrick Mark
- **May 2014** Public lecture by Professor Tony Schapira

Pain Workshop

Conceived and run by: Sheila Edward, Marian Macintyre, Pat Cox and Margaret Seager, supported by Werner Remmele from Fife.



The Edinburgh Parkinson's Lecture 2013

Professor Ray Chaudhuri delivered a lecture entitled:

Non-motor symptoms of Parkinson's: Important yet often neglected. Why?



A comment on the lecture:

-had lots of lovely positive comments from people who travelled from my areas to the talk in Edinburgh hosted by Edinburgh Branch – one lady even told me “it gave me the confidence to pick up the phone to my nurse and ask for some non-motor issues to be addressed” which she wouldn’t have bothered with had she not learned from the talk so there is a nice ground-level example of how it is already benefiting peoples’ quality of life day to day. Can’t wait for next years!

Scotland's Brainpower

Scottish Parliament, 6 November 2013

*Attendance from 16
MSPs, including the
Public Health
Minister...*



WPC Symposium

Branch delegates to the World Parkinson Congress, Mo Morgan, Simon Wilkinson and Werner Remmele, reported on their experiences

See our web pages for supporting material, links to webcasts of talks etc.



The Edinburgh Parkinson's Lecture 2014



Professor Tony Schapira

*Recent Advances in the Cause and
Treatment of Parkinson's*

15th May 2014 at RCPE

7.15 pm

Book your ticket soon!

Via our web site, or the flyer

Acknowledgements

I am immensely grateful to:

Patrick Mark, Chairman, Edinburgh Branch

Dr Tilo Kunath, CRM, for hospitality & support

Sheila Edward, for organising and note-taking

Emily Hughes, Claire Stephenson, Katherine Crawford, Parkinson's UK

Members of the Edinburgh Branch: Liz & Bill McBain, Pat Stewart, Marian McIntyre, Helen Harris and many others

Stem Cell Research: Student Projects

- 1. Evaluation of a comic called Hope Beyond Hype: see website <http://www.eurostemcell.org/hopebeyondhype>
- Involves one-on-one interviews or completing a survey
- (Callum: email s1107729@sms.ed.ac.uk)
- 2. Focus groups to consider the writing on the website www.eurostemcell.org
- 40-minute meeting in Edinburgh + questionnaire
- (Katy: email s1035488@sms.ed.ac.uk)

Please consider volunteering to help!

Edinburgh Branch Data 2014

- Activity events pa 500
- Attendances at 2012 activities 5,000 +
- Total branch members 240
- Mailing list 350
- Email list 135
- Web site visits per month 500

Thanks to Helpers

Committee Members

Hon Treasurer

Hon Sec

Activity Organizers

And all the many others

Edinburgh Branch Research Interest Group

review of 2012-2013

Ken Bowler, Group Chair

Web Site

- xxxx Visits in 2013
- By xxxx different people
- Expanded Activity News
- Activity Calendar
- Donation Facility
- E Forms and better communication

Edinburgh Branch AGM 2013

A successful year....

- **Mar 2012** Talk by Dr Anton Gartner
- **May 2012** Public lecture by Professor Roger Barker
- **Sep 2012** Parkinson's and Exercise: Gill Baer & Jane Hislop
- **Dec 2012** Talk by Dr Miratul Muquit
- **Feb 2012** Visit to Anne Rowling Clinic
- **Mar 2013** Pain Workshop
- **Apr 2013** Public lecture by Professor Ray Chaudhuri

The Edinburgh Parkinson's Lecture 2012

Professor Roger Barker delivered a lecture entitled:

How close are we to solving the problem of what goes wrong in Parkinson's ?



The Edinburgh Parkinson's Lecture 2013



Professor Ray Chaudhuri

*Non-motor symptoms of
Parkinson's: Important yet
often neglected. Why?*

25th April 2013 at RCPE

7.15 pm

Acknowledgements

I am immensely grateful to:

Patrick Mark, Chairman, Edinburgh Branch

Dr Tilo Kunath, CRM

Sheila Edward

Emily Hughes, Parkinson's UK

Members of the Edinburgh Branch: Liz & Bill

McBain, Marian McIntyre, Pat Stewart and many others

Some comments on the lecture:

- *"What an inspirational talk....thank you **so much** for helping organise that."* FT Edinburgh
- *"I attended Tuesday's lecture by Professor Roger Barker at the Royal College of Physicians and would like to thank everyone at Edinburgh Parkinson's for organising it and bringing such an eminent, inspirational speaker to the city. His presentation was fascinating and highly informative and was much appreciated by all who attended."* SH Edinburgh
- *"Thank you for an excellent session tonight"* HS Edinburgh
- *"Well done organising such an interesting and well-run event, thank you all very much indeed."* MM Edinburgh

Edinburgh Web E Calendar

Events - Parkinson's UK Edinburgh Branch - Mozilla Firefox
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EDINBURGH BRANCH

PARKINSON'S UK

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
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[What is Parkinson's?](#)[Parkinson's UK](#)[The Parkinson's Helpline](#)

Calendar of Events

← February | **March** | 2013 | April → [EVENT LIST](#) [CALENDAR](#)

MON	TUE	WED	THU	FRI	SAT	SUN
				1 Drop In	2	3
4 Swimming	5 Indoor bowling Singing4fun	6 Gentle Exercise Singing4fun	7 Gentle Exercise	8	9	10
11 Exercise group for people with Parkinson's Workshop on Pain Swimming	12 Indoor bowling Singing4fun	13 Gentle Exercise Branch Meeting Singing4fun	14 Gentle Exercise	15	16	17
18 Exercise group for people with Parkinson's Swimming	19 Indoor bowling Singing4fun	20 Gentle Exercise Singing4fun	21 Gentle Exercise	22	23	24
25 Exercise group for people with Parkinson's	26 Indoor bowling	27 Gentle Exercise	28 Gentle Exercise	29	30	31

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Edinburgh Branch Web-Site

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EDINBURGH BRANCH

PARKINSON'S UK

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
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Welcome

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Latest news


Singing4fun gets RBS award



Singing4 fun has been awarded £8000 from the RBS Edinburgh Community Partnership. At a ceremony held on Tuesday 5th March, 2013, we were visited by Gwen Gilbert, Derik Larkins and Daniel Gilbert of RBS, who presented a large cheque. In the photograph you see Gwen, Cathie, Heather and Wendy.

March 7, 2013
Filed Under: **NEWS**


Steve Ford to address Branch Meeting



We are delighted that Steve Ford, CEO of Parkinson's UK, is to address our next Branch Meeting on 13th March, 2013. As usual, the venue is the St James Thistle Hotel in Leith Street. Steve will speak on the theme: Parkinson's UK Strategy, Achievements and Vision for the Future.


March 4, 2013
Filed Under: **NEWS**

Free Public Music Concert



A trio of excellent musicians from the Royal Scottish

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News archives

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- May 2012 (5)
- April 2012 (4)
- March 2012 (4)
- February 2012 (4)
- January 2012 (2)
- December 2011 (2)
- November 2011 (2)



09:23
10/3/13